



# PADI Advanced Open Water Diver Course

What's it like to dive to 30 metres from a boat? What is it like diving at night? Why can't I navigate correctly underwater? What sort of fish is that?

You get the answers to questions like these by going on the PADI Advanced Open Water Diver course, which introduces you to the basics of special underwater activities. It's a great way to see what interests you, whether it's deep diving, wreck diving and so on.

Your Frog Dive instructor shows you what you need to know during a pre-dive briefing and review, and then you're off doing it.

The best part is, it's fun!

Also do your Nitrox Diver at the same time for just \$195pp



## Evening Discussion

The Advanced Open Water Diver course commences on a Wednesday (Guildford) or Friday (Willoughby) evening at 6:30pm to discuss where we will be diving, what you need, and we will show a short video to review some of the dives you will be doing.

## Saturday Dives:

1. **Dive #1 Peak Performance Buoyancy** - get comfortable, save on air, control your body underwater.
2. **Dive #2 Compass Navigation** - make that compass work for you, it's not hard, just takes some practice and confidence in that the compass is always right.

## Sunday Dives:

1. **Dive #3 Boat Dive** - here is your chance to reach 30m if you already haven't. This dive is normally on a wreck weather permitting
2. **Dive #4 Marine Identification** - get the inside scoop on what to look for, where to look for it, and what the hell is it.

## Sunday Evening Dive:

1. **Dive #5 Night Dive** - discover the beauty and serenity of night diving. Capture all the critters in your light beam and watch your air consumption drop.

For Scuba Excitement

Frog Dive Scuba Centres



## Course Inclusions:

- ▶ Your own *Adventures in Diving* manual which you will reference often after the programme, it has information about all types of diving that you'll be interested to read about.
- ▶ Your own *Underwater Navigation* Slate which you will use during the navigation phase of the programme.
- ▶ PADI *Advanced Open Water Diver* Certification upon completion of the programme.
- ▶ PADI *Advanced Open Water Diver Wall Certificate*
- ▶ **FIVE thrilling open water dives**, including a deeper boat dive, which may even be on a wreck.

## You need to supply:

- \* Your own dive gear & pencil including 2nd tank
- \* Transport to dive site
- \* Air fill at dive site for 2nd dive
- \* One weekend to complete the program

## Cost of the program:

\$375 & \$350 Frog Dive Team Members receive FREE hire gear.

To book, fill out application on back with \$50 deposit.





# FROG DIVE SCUBA CENTRES TRAINING APPLICATION

Please fill out this form to book on your PADI Advanced Openwater Diver programme as outlined in this information brochure.

Name.....

Address.....

.....Postcode.....

☎ Home (.....).....Work (.....).....

& Mobile.....Fax.....

Please ensure you have:

- A current medical (not more than 12 months old)
- 2 passport size photos with your name on the back
- After this course I am interested in: Rescue / Deep/ Wreck / Digital Camera Skills/ Naturalist / Dry Suit / Nitrox courses. Please circle your interest.
- Add in a Nitrox Diver course whilst doing your Advanced for just \$195

I have enclosed a \$50.00 non refundable deposit for the programme, please supply:

- My Advanced Open Water Diver Crew Pack with manual and navigation slate



Card No \_\_\_\_\_ Expires \_\_\_\_\_ Sign \_\_\_\_\_

## FROG DIVE SCUBA CENTRES

539 Willoughby Road Willoughby 2067 Ph 9958.5699 Fax 9958.4330  
395 Guildford Road Guildford 2161 Ph 9892.3422 Fax 9892.3662

*"One jump ahead"*



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